

September 30, 2022

Happy Friday, everyone! It's Rainie Lin from 731, speaking to you for Seal Summaries on behalf of the SEAL team.

Today is officially the last day of the month, and we are gearing into October now. Aren't you all excited? I cannot believe we successfully managed through one month of school already! Obviously we couldn't have done it without our awesome and supportive principal, Mr. Ciulla and of course, our fabulous assistant principals, Ms. Tardugno, Ms. Veeramah, and Mr. Lombardo, as well as our supportive teachers and staff.

Fun fact, October is actually Emotional Intelligence Awareness Month. Be sure to take this weekend to prepare to educate yourself on your own feelings and emotions and to help others better understand how to manage emotions and develop healthier minds, so you can be ready for October.

Also, I can't wait to see what kinds of crazy socks you guys have for today! Bye!

Oops! before I go, I would like to recite the SEAL Team pledge with you together. So now please take out your mini pledge that's printed and cut by the SEAL team members.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

... Thank you for listening!

