

May 29, 2024

Good morning. It's Zia from class 851 here for Words of Wisdom Wednesday on behalf of the S.E.A.L. Team.

On this very day, 71 years ago, in the year 1953, Edmund Hillary and Tenzing Norgay became the very first climbers to reach the summit of Mount Everest.

This accomplishment gave people a stronger light, and proved to many that it was important to keep going even when the first attempts to solve something didn't always work.

As quoted by Sir Edmund Hillary, "I will come again and conquer you because as a mountain you can't grow but as a human I can". What Hillary is trying to say is we all have an Everest, well all have a mountain or obstacle that we want to conquer and overcome. Yet, even if our first try of surpassing that challenge doesn't work, we still need to keep trying. That obstacle won't change or move, but as people we can change and find other ways to climb over that mountain.

Affirmation of the day: I will try to win fair and square.

Thanks for listening and have a We'll Always Reach Higher Than the Mountains Wednesday.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

