

November 2, 2023

Good morning! It's Jason from 752 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know today is "Be the Impact Day"? This day is a reminder that every day is a chance to remember that even small things can make a big difference in the world. We tend to underestimate the impact of our own actions, but remember that every little thing we do to make things better can eventually make things better for everyone.

We also need to be aware of how our bad acts affect other people. When people do the same bad thing over and over, it can hurt the world and the people who live on it. "Be the Impact Day" encourages each of us to take responsibility for our actions and make a conscious effort to do at least one good thing today. Even small acts of kindness and responsibility can make a big difference in our community and the world. These can be things like helping someone in need, recycling, volunteering or just sharing happiness. Let's take the chance to be the change we want to see. Together, we can make a big difference.

Thanks for listening have a Transformative Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

