

March 11, 2025

Good morning, I.S. 201! My name is Venice from class 851, and I'm here on behalf of the SEAL Team for this Talk A lot Tuesday.

This month, our Mending Hearts Calendar Word of the Month is Arrogance. Arrogance means thinking you are better than others and not respecting their opinions or feelings. When someone is arrogant, they might act like they know everything or that they are more important than others. But the truth is, we all have things to learn, and treating people with kindness and humility makes us stronger as a community.

Instead of being arrogant, let's focus on confidence with humility. Confidence means believing in yourself, but humility reminds us to listen, learn, and respect others. As the famous quote by C. S. Lewis says: "True humility is not thinking less of yourself; it is thinking of yourself less."

This month let's challenge ourselves to be kind, to listen, and to lift others up instead of putting them down.

Thanks for listening and have a Tolerant Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

